

# **Equipment List Required for Award:**

## *River Safety & Rescue 2*

### **Properly equipped kayak**

- Closed cockpit kayak
- Suitable buoyancy
- Suitable footrest

### **Personal equipment**

1. Wetsuit or Drysuit (incl thermals)
2. CE approved PFD
3. CE approved Helmet
4. Cag
5. Suitable footwear (hard sole footwear preferable)
6. Throw Bag
7. Knife
8. Whistle
9. Paddle
10. Spray deck
11. Mobile phone/waterproof case
12. Locking Karabiner x2
13. Wire gate Karabiner x1
14. 4-5 metre open sling x1

Additional Equipment that will be demonstrated during the course (equipment provided by instructors)

15. First Aid Kit
16. Kisu
17. Repair Kit
18. Split Paddle